

## **Trowbridge Child Wellbeing Partnership Report to the Area Board February 2021**

### **Leeds Webinar**

On 9<sup>th</sup> December 2020 7 members of the group attended a webinar given by Child Friendly Leeds explaining how they had developed their approach. Trowbridge is significantly different to Leeds, so it is not possible simply to copy this approach, however, there were some key points that emerged that are helpful to the Partnership.

### **Five to Thrive Training**

The **five to thrive** model is a way of understanding how connected relationships are fundamental to human wellbeing and help us to build resilient communities. The **five to thrive** building blocks describe a sequence of relational activities that build healthy brains in young children and maintain healthy brain function throughout life. The simple key words offer a bridge between professional understanding of neuroscience and everyday experience.

Existing data indicates that feeling safe is a key concern of children and young people living in the Trowbridge area. The Partnership that the **five to thrive approach** would help to address this by changing the environment within the town. Wiltshire Council has a programme of giving **five to thrive** training to those working with children families and young people. The Partnership has made a proposal to cascade this training to all frontline workers in Tribridge and develop a version of it for key people within the community. The thinking is to try and bringing the change in environment referred to above by saturating the area with this approach. Wiltshire Council's FTT Reference Group has agreed to support this proposal and it is hoped to begin to implement it once the mapping has been done to develop a rollout plan.

### **Engaging Young People**

The Partnership's current focus is developing an approach to engage young people around the question What is it like to grow up in Trowbridge and how can we make it better? This will help to give authenticity to the Partnership's vision statement and add to existing data to identify the key actions that need to be taken to make Trowbridge Child Friendly.

Colin Kay  
Chair of Trowbridge Child Wellbeing Partnership  
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